

## **Top UK Sportshall Award heads back to Dyfed over the weekend**

Written by Nathan Jones  
Tuesday, 16 April 2019 06:56

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**Carmarthen Harriers President and Dyfed Schools AA Secretary Dr Hedydd Davies is the recipient of this year's Sportshall Athletics "Services to Sportshall Athletics Award."**

The Sportshall Team welcomed nominations from all corners of the United Kingdom to recognise individuals who have contributed so much to sportshall athletics in their area and made this athletic sport go from strength to strength.

After the closing date, the nominations were looked at and it was decided to present the 2019 to West Wales' Davies.

Since 1992 he has organised three indoor sportshall athletics events at Carmarthen Leisure Centre (two at secondary school level for years 7 & 8 and years 9 & 10 and one at primary school) which has been well attended over many years. In addition, he has selected and organised Dyfed secondary schools to compete in the Welsh sportshall athletics finals.

In the past, many Dyfed teams have won at the Welsh finals and gone on to represent Wales at the UK finals. A few years back, a Dyfed school athlete from St Michaels School won the UK U15 all rounder competition.

Typical indoor athletics events in championships/schools competitions include the 2 lap, 4 lap, 6 lap, 4 x 1 lap relay, 4 x 2 lap relay, 8 lap paarlauf, standing long jump, standing triple jump, shot put, vertical jump and speed bounce.

**The award was presented to Hedydd at the 2019 UK Sportshall finals competition on Saturday 13th April at Manchester. In the North West, it was presented by George Bunner MBE, creator of Sportshall athletics and the person who came to Carmarthen in 1992 to demonstrate primary school sportshall athletics.**

Over the weekend, teams from Powys and North West Wales were also in attendance competing against the best from the UK. They went forward following their victories at the

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Welsh finals in Cwmbran Sports Centre last month.

Llongyfarchiadau!



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*Picture: George Bunner & Hedydd Davies*