

DYFED SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS 2019 FRIDAY EVENING RESULTS

	Pos	Name / Enw	School / Ysgol	Perf	
400m Hurdles					
18:00	1	William Lloyd	Preseli	64.2	SB
	2	Griffith Morgan	Aberaeron	67.3	MB
300m Hurdles					
18:20	1	Flavia Jenkins	Dyffryn Taf	49.3	MG
	2	Meleri Hopkins	Llandoverly College	51.4	MG
1000m Walk					
18:30	1	Kasia Cook	Llandoverly College	5.23.3	MG
	2	Gracie Griffiths	Haverfordwest High	5.59.0	JG
3000m Metres					
18:40	1	Adam Beer	Glan Y Mor	9.48.4	MB
	2	Iori Humphreys	Harri Tudur	9.56.8	MB
	3	Lewis Jones	Bro Pedr	10.18.2	MB
	4	Cian Harries	Haverfordwest High	10.37.9	MB
	5	Steffan Turner	Harri Tudur	11.31.8	MB
	6	Alice Evans	Haverfordwest High	12.02.8	SG
	7	Jessica Morris	Harri Tudur	12.16.4	MG
	8	Libby Gardiner	Greenhill	16.06.4	MG
Pole Vault					
18:00	N/A	Event Cancelled	Due to unsafe conditions		
Hammer					
18:00	1	Michael Jenkins	Preseli	25.91	JB
	2	Robyn Lewis	Haverfordwest High	15.15	JG
	3	Andrew Salmon	Coleg Sir Gar	15.08	SB