

**2015 Carmarthenshire Primary Schools Cross Country
Championships at the United Counties Showground,
Carmarthen on Thursday September 22nd 2016**

Pencampwriaeth Traws Gwlad Ysgolion Sir Gaerfyrddin

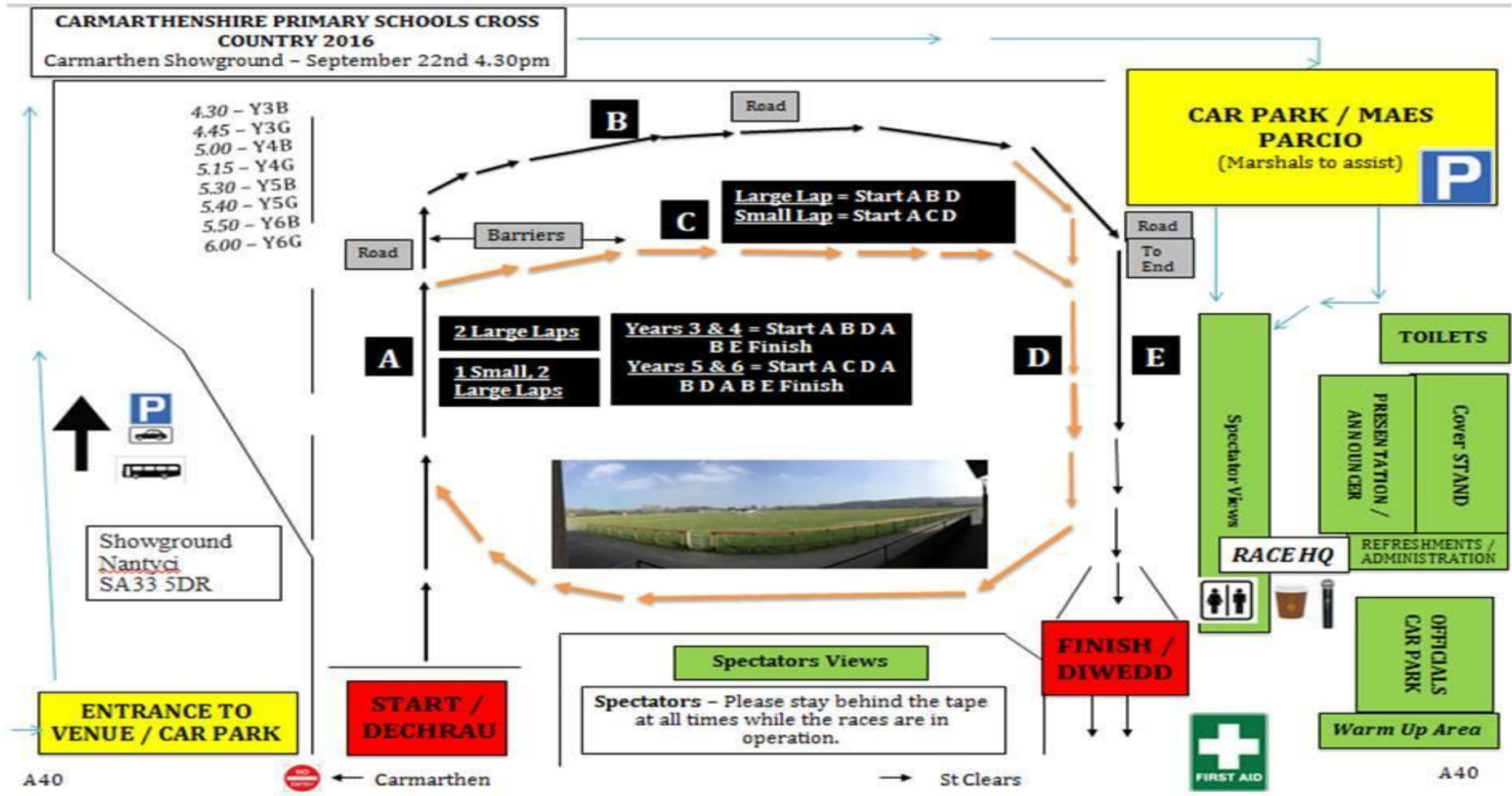
2016 yng Nghae Y Dair Sir, Caerfyrddin ar Ddydd Iau Medi 22ain 2016



Result / Canlyniad



All Races / Pob Ras



4.30pm - Race 1 / Ras 1 - Year 3 Boys / Bechgyn Blwyddyn 3 - Individuals / Unigolion

Position / Safle	Name / Enw	School / Ysgol	Time / Amser
1	Steffan Thomas	Teilo Sant	3.36
2	Iwan Frazier	Llandovery Prep	3.37
3	Dylan Owen	Ffairfach	3.41
4	Logan Owen	Gwenllian	3.46
5	Sam Griffiths	Llangynnwr	3.46
6	Llion Davies	Y Dderwen	3.51
7	Siencyn Rees	Llanddarog	3.51
8	Harry Wigglesworth	Peniel	3.53
9	Nicholas John	Griffith Jones	3.54
10	Joshua Peel	Dewi Sant	3.54

1.	Griffith Jones
2.	Llandovery Prep
3.	Iau Llangennech

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Griffith Jones	42
2	Llandovery Prep	51
3	Iau Llangennech	68
4	Y Dderwen	73
5	Carreg Hirfaen	81
6	Gymraeg Rhydaman	100
7	Y Ddwylan	133
8	Penygroes	137
9	Saron	140
10	Trimsaran	201

4.45pm - Race 2 / Ras 2 – Year 3 Girls / Merched Blwyddyn 3 – Individuals / Unigolion

Position / Saflle	Name / Enw	School / Ysgol	Time / Amser
1	Charlotte Merry	Llandovery Prep	3.54
2	Martha Morgan	Teilo Sant	3.59
3	Sophia Davies	Nantgaredig	4.00
4	Jessica Norman	Llansteffan	4.03
5	Beatrice Morgan	Llangadog	4.04
6	Alannah Cox	Griffith Jones	4.04
7	Tirion Yate	Dewi Sant	4.04
8	Chloe Rudge	Griffith Jones	4.12
9	Eleri Morgan	Rhys Pritchard	4.16
10	Seren Thomas	Y Dderwen	4.20

1.	Griffith Jones
2.	Iau Llangennech
3.	Teilo Sant

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Griffith Jones	38
2	Iau Llangennech	55
3	Teilo Sant	63
4	Y Dderwen	88
5	Johnstown	108
6	Llandovery Prep	118
7	Dewi Sant	120
8	Penygaer	141
9	Gymraeg Rhydaman	145
10	Trimsaran	206

5.00pm - Race 3 / Ras 3 - Year 4 Boys / Bechgyn Blwyddyn 4 - Individuals / Unigolion

Position / Safle	Name / Enw	School / Ysgol	Time / Amser
1	Rhodri Roberts	Iau Llangennech	3.24
2	Aron Hedd Jones	Y Dderwen	3.27
3	Macsén Toogood	Teilo Sant	3.31
4	Daniel Morgan	Nantgaredig	3.32
5	James Miller	Dewi Sant	3.33
6	Cynyr McRae	Y Ddwylan	3.34
7	Alex Coles	Rhys Pritchard	3.34
8	Carwyn Jones	Johnstown	3.36
9	Harry Thomas	Llangynnwr	3.37
10	Ashton Thomas	Dewi Sant	3.38

1.	Y Ddwylan
2.	Dewi Sant
3.	Griffith Jones

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Y Ddwylan	47
2	Dewi Sant	47
3	Griffith Jones	59
4	Y Dderwen	62
5	Teilo Sant	62
6	Iau Llangennech	71
7	Y Bedol	81
8	Gymraeg Rhydaman	113
9	Gorslas	150
10	Johnstown	170

5.15pm - Race 4 / Ras 4 - Year 4 Girls / Merched Blwyddyn 4 - Individuals / Unigolion

Position / Saflle	Name / Enw	School / Ysgol	Time / Amser
1	Mared Jones	Y Dderwen	3.36
2	Kate Davies	Griffith Jones	3.46
3	Lowri Davies	Rhys Pritchard	3.47
4	Casi Gregson	Carreg Hirfaen	3.48
5	Leah Jones	Tremoilet	3.50
6	Elsie Taylor	Y Bedol	3.51
7	Louisa Cliffe	Dewi Sant	3.52
8	Lowri Jones	Saron	3.53
9	Lili-Ela Jones	Llanddarog	3.55
10	Isabelle Morris	Bro Brynach	3.55

1.	Y Dderwen (A)
2.	Rhys Pritchard
3.	Y Dderwen (B)

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Y Dderwen (A)	28
2	Rhys Pritchard	50
3	Y Dderwen (B)	57
4	Griffith Jones	60
5	Iau Llangennech	67
6	Dewi Sant	79
7	Llangynnwr	86
8	Gorslas	130
9	Johnstown	177
10	Hendy	195

5.30pm - Race 5 / Ras 5 – Year 5 Boys / Bechgyn Blwyddyn 5 – Individuals / Unigolion

Position / Saflle	Name / Enw	School / Ysgol	Time / Amser
1	Ifan Bowen	Y Dderwen	4.24
2	Iwan Thomas	Parc Y Tywyn	4.31
3	Tomos Lewis	Y Dderwen	4.36
4	Alfie Cuthell	Iau Llangennech	4.41
5	Rory Gravelle	Johnstown	4.44
6	Gwion Williams	Peniel	4.48
7	Meilyr Thomas	Peniel	4.49
8	Cai Prenterville	Iau Llangennech	4.50
9	Shivo Hinds	Y Bedol	4.51
10	Jake Lynock	Rhys Pritchard	4.51

1.	Y Dderwen
2.	Iau Llangennech
3.	Y Bedol

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Y Dderwen	20
2	Iau Llangennech	24
3	Y Bedol	70
4	Llannon	90
5	Johnstown	94
6	Model	110
7	Llandovery Prep	124
8	Dewi Sant	130
9	Griffith Jones	151
10	Gymraeg Rhydaman	154

5.40pm - Race 6 / Ras 6 – Year 5 Girls / Merched Blwyddyn 5 – Individuals / Unigolion

Position / Saflle	Name / Enw	School / Ysgol	Time / Amser
1	Erin Fflur Morgan	Y Dderwen	4.38
2	Bessie Hill	Y Ddwylan	4.57
3	Francis Mackie	Y Castell	5.08
4	Paris Drapper	Llandeilo	5.18
5	Ffion Toby	Dewi Sant	5.18
6	Orla Phillips	Llandeilo	5.22
7	Ffion Jones	Peniel	5.22
8	Georgia Pegler	Brynteg	5.24
9	Cira Thomas	Johnstown	5.27
10	Caitlin Hughes	Llechyfedach	5.27

1.	Y Dderwen
2.	Llandeilo
3.	Dewi Sant

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Y Dderwen	27
2	Llandeilo	33
3	Dewi Sant	61
4	Iau Llangennech	62
5	Johnstown	91
6	Penygaer	110
7	Griffith Jones	119
8	Teilo Sant	131
9	Gymraeg Rhydaman	169
10	Llandovery Prep	173

5.50pm - Race 7 / Ras 7 – Year 6 Boys / Bechgyn Blwyddyn 6 – Individuals / Unigolion

Position / Saflle	Name / Enw	School / Ysgol	Time / Amser
1	Jack Thomas	Parc Waundew	4.31
2	Sion Davies	Gymraeg Rhydaman	4.32
3	Ryan Esney	Y Castell	4.37
4	Tyler Jones	Parc Y Tywyn	4.41
5	Celt Esney	Y Castell	4.41
6	Tiaan Sparrow	Gymraeg Rhydaman	4.44
7	Osian Roberts	Carreg Hirfaen	4.46
8	Steffan Davies	Llangynnwr	4.47
9	Cian Rees	Llechyfedach	4.50
10	Iwan Wilson	Iau Llangennech	4.51

1.	Gymraeg Rhydaman
2.	Parc Y Tywyn
3.	Brynsaron

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Gymraeg Rhydaman	42
2	Parc Y Tywyn	47
3	Brynsaron	68
4	Y Castell	71
5	Iau Llangennech	75
6	Y Dderwen	80
7	Laugharne	111
8	Llechyfedach	121
9	Griffith Jones	131
10	Y Ddwylan	154

6.00pm - Race 8 / Ras 8 – Year 6 Girls / Merched Blwyddyn 6 – Individuals / Unigolion

Position / Safle	Name / Enw	School / Ysgol	Time / Amser
1	Bethan Adams	Iau Llangennech	4.46
2	Mila Roberts	Griffith Jones	4.50
3	Jessica Lee	Llys Hywel	4.52
4	Emma Brazier	Llandoverly Prep	4.54
5	Milly John	Llangynnwr	4.55
6	Gwenllian Jones	Carreg Hirfaen	4.58
7	Amy Greatrick	Johnstown	5.03
8	Keira Carmody	Model	5.07
9	Sophia-Reid Thomas	Llangynnwr	5.13
10	Rhiannon Griffin	Parc Y Tywyn	5.15

1.	Iau Llangennech
2.	Griffith Jones
3.	Llangynnwr

School Teams / Timau Ysgol

Position / Safle	School / Ysgol	Points / Pwyntiau
1	Iau Llangennech	26
2	Griffith Jones	32
3	Llangynnwr	34
4	Llys Hywel (A)	62
5	Llannon	81
6	Y Dderwen	102
7	Llandovery Prep	104
8	Model	111
9	Johnstown	142
10	Llys Hywel (B)	157

2016 Athlete Totals / Nifer o Rhedwyr - 22/09/16

Event / Digwyddiad	School Year / Blwyddyn Ysgol	Number of Finishers / Wedi Gorffen
1 - 4.30	3 (B)	158
2 - 4.45	3 (G/M)	123
3 - 5.00	4 (B)	176
4 - 5.15	4 (G/M)	160
5 - 5.30	5 (B)	158
6 - 5.40	5 (G/M)	125
7 - 5.50	6 (B)	123
8 - 6.00	6 (G/M)	162

Boys Total / Cyfanswm Bechgyn	615
Girls Total / Cyfanswm Merched	570

Total / Cyfanswm	1185
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A Report and Results File from the Carmarthenshire Primary Schools Cross Country Championships on Thursday 22nd September can be found on the Carmarthen Harriers Athletics Club Website

www.carmarthenharriers.co.uk

Mae adroddiad a ffeil o'r canlyniadau o Bencampwriaeth Traws Gwlad Ysgolion Cynradd Sir Gaerfyrddin ar Dydd Iau Medi 22ain ar gael ar wefan Clwb Athletau Harriers Caerfyrddin

Event Results Coordinator – Nathan Jones

Nathanjones1995@live.co.uk

Carmarthen Harriers Athletics Club on Facebook - @CarmsHarriers / @WWalesAthletics on Twitter