

Carmarthen Open Throws Competition 4 at Carmarthen Athletics Track,**Johnstown - Thursday July 26th 2018 - Results**

Carmarthen Open Throws held last Thursday of every month in the summer 6pm

JAVELIN

Pos	Number	Age Group	Name	Club	Best Throw
1	395	U13G	Cordelia Walker	Carmarthen Harriers	33.26
2	90	U13B	Thomas Gorvett	Swansea Harriers	28.24
3	97	U13G	Lleucu Lloyd	Pembrokeshire Harriers	26.16
4	84	U13B	Eurion John	Pontyclun AC	24.86
5	84	U13G	Evie Aitchison	Neath Harriers	23.71
6	665	U13B	Nathan Jones	Swansea Harriers	18.23
7	348	U13G	Mia Williams	Pontyclun AC	18.16
8	330	U13B	Connor O'Shaughnessy	Swansea Harriers	16.63
1	16	U15B	Morgan Batten	Carmarthen Harriers	41.82
2	72	U15B	Harley Lewis	Pembrokeshire Harriers	35.63
3	459	U20W	Rachel Jones	Swansea Harriers	32.37
4	397	U20W	Laurn Davey	Carmarthen Harriers	26.35
5	16	SW	Karen Llewellyn	Pembrokeshire Harriers	14.91 (600g)
1	347	U17M	Cathal Scanlon	Waterford AC	47.25
2	303	U17M	Ethan Rigby	Swansea Harriers	40.80
3	398	U20M	Cai Burr	Maldwyn Harriers	40.75
4	475	U17M	Rhys Homffray	Carmarthen Harriers	28.84
1	6	U15G	Chloe Jones	Swansea Harriers	30.43
2	438	U15G	Lili Mai Davies	Carmarthen Harriers	16.88
3	349	U15G	Lucy Fisher	Pontyclun AC	14.42

1	346	SM	Nathan James	Swansea Harriers	62.78
2	356	SM	Matteo Holmes	Cardiff AAC	49.01
3	474	SM	Paul Davies	Carmarthen Harriers	27.41

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Pos	Number	Age Group	Name	Club	Best Throw
1	395	U13G	Cordelia Walker	Carmarthen Harriers	22.97
2	396	U13G	Mali Loader	Neath Harriers	17.59
3	84	U13G	Evie Aitchison	Neath Harriers	13.94
4	348	U13G	Mia Williams	Pontyclun AC	12.99
5	97	U13G	Lleucu Lloyd	Pembrokeshire Harriers	12.47
1	479	U20W	Danielle Jones	Carmarthen Harriers	32.48
2	478	U17W	Cassey Grimwade	Cardiff AAC	29.67
3	477	U17W	Holly Cooper	Swansea Harriers	28.92
4	459	U20W	Rachel Jones	Swansea Harriers	28.03
5	16	SW	Karen Llewellyn	Pembrokeshire Harriers	21.46
6	6	U15G	Chloe Jones	Swansea Harriers	21.20
7	438	U15G	Lili Mai Davies	Carmarthen Harriers	20.70
8	362	U17W	Amelia Elliott (F13)	DSW Para Academy	20.17 (1kg)
9	330	U13B	Connor O'Shaughnessy	Swansea Harriers	16.77
10	90	U13B	Thomas Gorvett	Swansea Harriers	15.92
11	349	U15G	Lucy Fisher	Pontyclun AC	14.46
12	665	U13B	Nathan Jones	Swansea Harriers	12.71
13	399	U20M	Gareth Griffiths (F40)	DSW Para Academy	12.57 (1kg)
14	387	U17W	Emily Jangelse (F37)	DSW Para Academy	12.37 (1kg)
1	476	U15B	Michael Jenkins	Pembrokeshire Harriers	23.78
2	302	U15B	Ieuan Phillips	Carmarthen Harriers	21.89
1	72	U17M	Harry Davies	Neath Harriers	42.14
2	305	SM	Harrison Walsh (F44)	DSW Para Academy	46.71 (1.5kg)

1	398	U20M	Cai Burr	Maldwyn Harriers	27.47
1	495	SM	Brett Morse	Cardiff AAC	58.94
2	356	SM	Matteo Holmes	Cardiff AAC	31.35